

GUIDELINES FOR STUDIOS/CLINICS (AS APPLICABLE) TO HELP REDUCE TRANSMISSION OF COVID-19

March 2020

In light of the current circumstances the Health Care Standards Directorate has issued the following guidelines in order to help reduce transmission of the current COVID-19.

1. When booking an appointment ask the client if he/she has been abroad, since the client needs to be at home in quarantine for a period of 14 days after visiting any country. Perform urgent cases only and take the client's temperature prior the procedure. It is of utmost importance to wash and disinfect the thermometer after use.
2. Use bookings and scheduling to stagger customer flow. Ideally only one booking at a time should be done. In cases where the premise has more than one floor, one booking in each floor is advised, since this will limit the exposure of people at a premise at once.
3. Clients with cold or flu symptoms should not be allowed in the premises.
4. Only the client or patient who has booked the appointment should be allowed in the premise. (In special circumstances only one person can accompany the client or patient).
5. Stop handshaking-use other noncontact methods of greeting.
6. The client or patient should be provided with a 70% alcohol base hand rub in order to clean their hands at the door.
7. Where possible promote tap and pay to limit handling of cash.
8. Wear the necessary protective equipment such as masks and gloves.
9. Clean couches and surfaces like doorknobs, table, desks and handrails should be cleaned regularly with products containing 70% alcohol.
10. Wash hands for at least 20 seconds with soap and water between clients or when you deem necessary and use paper towels for drying of hands.
11. When coughing or sneezing one should cover his/her nose and mouth with a tissue or inner side of flexed elbow. It is very important NOT to sneeze or cough into your hands as you may contaminate objects or people that you touch. Tissues should be immediately disposed of in bins and not left running around.
12. Avoid touching your eyes, nose and mouth before washing your hands.
13. Keep the clinic well ventilated.
14. Anyone under 16 years of age NOT being seen as a patient is restricted from visiting any area.
15. For further information or queries regarding COVID-19 kindly contact the helpline on the following number: 111